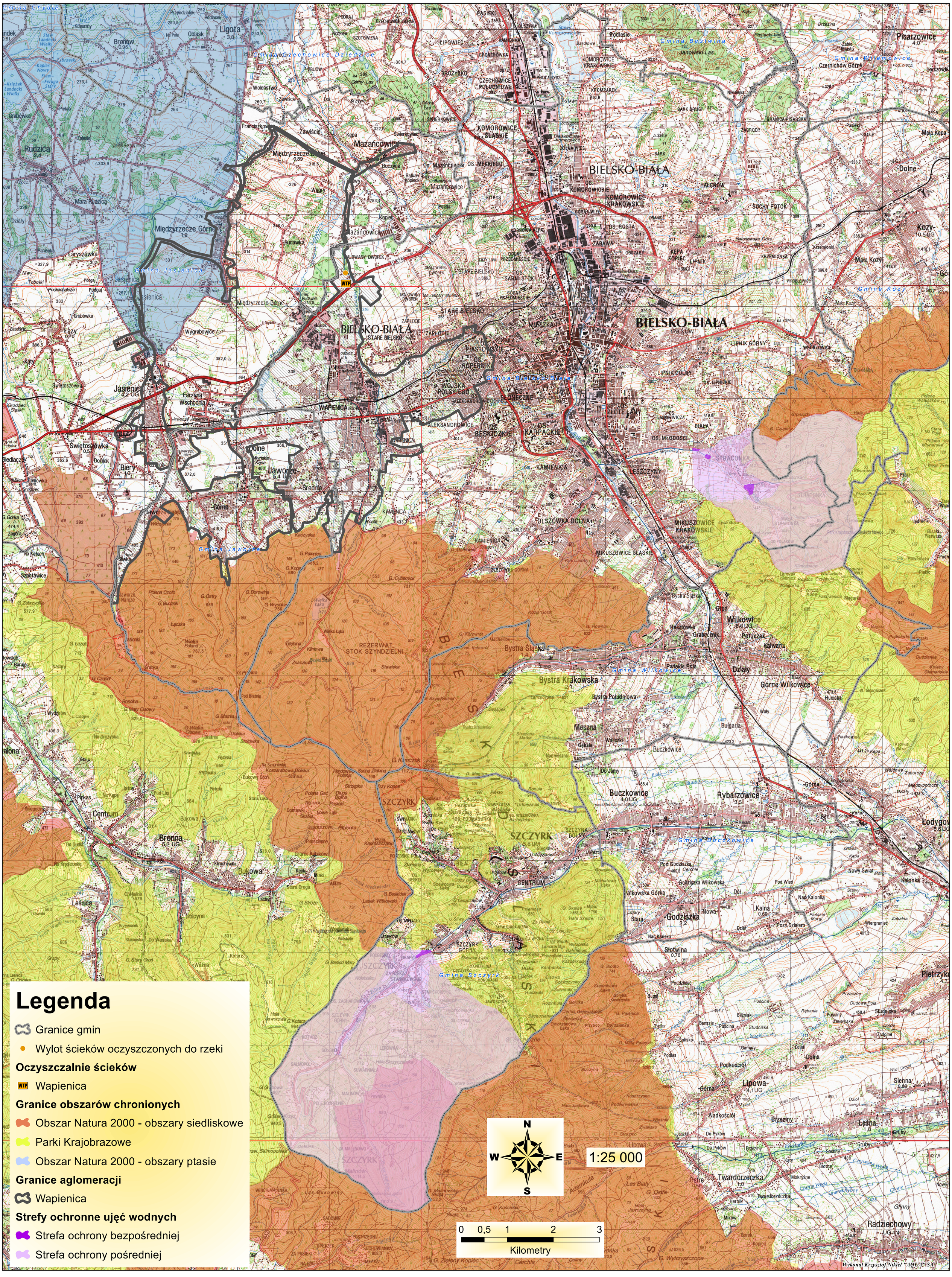Plan aglomeracji Bielsko-Biała - Wapienica